



# Continuing Education



## 2018 Schedule January - June





## Forklift Certification

*Wed, Jan 17, 4:00 - 8:00 pm\**

Class 7 Rough Terrain Extended Reach forklift.

ABC \$125, SE - free, Non-Member \$175

## 10 Hr OSHA

*Mon, Jan 22 & 29, 4:00 - 9:00 pm\**

Hours will also count toward the 30 Hr OSHA class.

ABC \$200, SE - free, Non-Member \$240

## CPR/First Aid

*Tues, Jan 23, 5:00 - 9:00 pm\**

Certification card is good for 2 years.

ABC \$100, SE - free, Non-Member \$140

## Human Relations & Problem Solving

*Tues, Jan 30 & Feb 6, 5:00 - 8:00 pm\**

Sharpen your skills on how to assert leadership and motivate, communicate effectively & manage time.

ABC \$200, SE - free, Non-Member \$240

## Arc Flash Safety

*Tues, Jan 30 & Feb 6, 5:00 - 8:00 pm\**

Important Arc Flash and NFPA 70E safety training for Electricians.

ABC \$150, SE - free, Non-Member \$275

## Fall Protection

*Mon, Feb 5, 5:00 - 7:00 pm\**

Identify fall hazards and how to properly use fall protection equipment. Class will cover relevant OSHA regulations.

ABC \$100, SE - free, Non-Member \$200

## Quality Control

*Wed, Feb 7, 5:00 - 8:00 pm\**

Learn the fundamentals of a comprehensive quality control process as it relates to a project.

ABC \$150, SE - free, Non-Member \$180

**\*All class dates subject to change. Check website for most current class listings.**



## Stake Reading

*Thurs, Feb 8, 5:00 - 8:00 pm\**

Class topics include: History, Surveying and 10th scale. Learn how to read civil plans and set a vault.

ABC \$150, SE - free, Non-Member \$200

## Competent Person /

## Excavation Safety

*Tues, Feb 13, 4:00 - 9:00 pm\**

Class includes printed manual with OSHA Standards & Visor card.

ABC \$125, SE - free, Non-Member \$225

## 10 Hr OSHA

*Mon, Feb 19 & 26, 4:00 - 9:00 pm\**

Hours will also count toward the 30 Hr OSHA class.

ABC \$200, SE - free, Non-Member \$240

## Effective Supervision

*Tues, Feb 20 - Mar 6, 5:00 - 8:00 pm\**

Designed for the construction professional that needs to fine tune the HR factor of his job.

ABC \$250, SE - free, Non-Member \$300

## Estimating 101

*Wed, Feb 21 & 28, 5:00 - 8:00 pm\**

Basic estimating course appropriate for all trades.

ABC \$200, SE - free, Non-Member \$250

## Traffic Control and Flagging

*Mon, Mar 5, 5:00 - 9:00 pm\**

Class follows the American Traffic Safety Services Association curriculum.

ABC \$150, SE - free, Non-Member \$225

## Grounding Requirements

*Tues, Mar 6 - 27, 5:00 - 8:00 pm\**

4 night course on Grounding. Textbook included.

ABC \$300, SE - free, Non-Member \$375

## Lighting Controls

*Thurs, Mar 8, 4:30 - 8:30 pm\**

Class topics include: Discovery of Electricity, Relays, Contactors, Analog and Digital. Hands-on excersizes.

ABC \$150, SE - free, Non-Member \$200



## Competent Person /

## Excavation Safety

*Mon, Mar 12, 4:00 - 9:00 pm\**

Class includes printed manual with OSHA Standards & Visor card.

ABC \$125, SE - free, Non-Member \$225

## NEC Review for Electrical

## Certification

*Tues, Mar 13 - Apr 3, 5:00 - 9:00 pm\**

16 hours in the 2014 NEC for certification test prep.

ABC \$250, Non-Member \$350

\*Does not qualify for free SE seats\*

## CPR/First Aid

*Wed, Mar 14, 5:00 - 9:00 pm\**

Certification card is good for 2 years.

ABC \$100, SE - free, Non-Member \$140

## Mechanics' Lien Seminar

*Fri, Mar 16, 9:00 am - 12:00 pm\**

Make sure you're up to speed on the new laws! Covers critical time frames, waivers & releases, etc.

1st Attendee \$75, Addl Attendees \$60

\*Does not qualify for free SE seats\*

## Beginning Fiber Optics

*Mon, Mar 19 & 26, 5:00 - 8:00 pm\**

Fiber, connectors and installation procedures.

ABC \$200, SE - free, Non-Member \$275

## Blueprint Reading for Electricians

*Wed, Mar 21 & 28 5:00 - 8:00 pm\**

Basic Blueprint Reading class for Electricians.

ABC \$250, SE - 2 free, Non-Member \$350

## Introduction to Project Management

*Thur, Mar 22 5:00 - 8:00 pm\**

Introduction to organization theory, the phases of construction and the role & duties of the supervisor.

ABC \$150, SE - free, Non-Member \$275



## Forklift Certification

*Wed, Mar 28, 4:00 - 8:00 pm\**

Class 7 Rough Terrain Extended Reach forklift.

ABC \$125, SE - free, Non-Member \$175

## Construction Foremanship

*Tues, Apr 3 & 10, 4:00 - 8:00 pm\**

Class teaches skills required for the job of leading crews. Includes harrasment training.

ABC \$350, SE - free, Non-Member \$425

## Construction Scheduling & Into to BIM

*Wed, Apr 11 & 18, 5:00 - 8:00 pm\**

Develop a realistic schedule, identify critical activities. Also will cover BIM and it's impact incl. models.

ABC \$150, SE - free, Non-Member \$250

## Stake Reading

*Thurs, Apr 12, 5:00 - 8:00 pm\**

Class topics include: History, Surveying and 10th scale. Learn how to read civil plans and set a vault.

ABC \$150, SE - free, Non-Member \$200

## 10 Hr OSHA

*Mon, Apr 16 & Apr 23, 4:00 - 9:00 pm\**

Hours will also count toward the 30 Hr OSHA class.

ABC \$200, SE - free, Non-Member \$240

## Plumbing Code for

## Journeymen

*Tues, Apr 17 - May 22, 5:00 - 9:00 pm\**

24 hours of instruction reviewing for the JM exam, which will be administered on the last night of class.

ABC \$320, SE - free, Non-Member \$750

## Prevailing Wage Seminar

*Thurs, Apr 19, 8:30 am - 2:00 pm\**

Apprenticeship compliance annualization and working with labor compliance programs. Lunch is provided and workbook included.

ABC \$200, Non-Member \$300

\*Does not qualify for free SE seats\*



## Basic Motor Control

*Tues/Thurs, Apr 24 - May 3, 5:00 - 9:00 pm\**

16 Hr class will cover basic motor control with hands on experience in the lab.

ABC \$300, SE - free, Non-Member \$350

## Estimating & Management of Change Orders

*Mon, Apr 30, 5:00 - 8:00 pm\**

Understand the Change Order process and how to manage it to maximize company profits.

ABC \$150, SE - free, Non-Member \$200

## Lighting Controls

*Thurs, May 3, 4:30 - 8:30 pm\**

Class topics include: Discovery of Electricity, Relays, Contactors, Analog and Digital. Hands-on excersizes.

ABC \$150, SE - free, Non-Member \$200

## 30 Hr OSHA

*Mon/Wed, May 7 - 16, 4:00 - 9:00 pm\**

Last 20 hours for students who have taken the 10 Hr course at ABC within the last 6 months.

ABC \$400, SE - free, Non-Member \$450

## Fall Protection

*Tues, May 8, 5:00 - 7:00 pm\**

Identify fall hazards and how to properly use fall protection equipment.

Class will cover relevant OSHA regulations.

ABC \$100, SE - free, Non-Member \$200

## Arc Flash Safety

*Wed, May 16 & 23, 5:00 - 8:00 pm\**

Important Arc Flash and NFPA 70E safety training for Electricians.

ABC \$150, SE - free, Non-Member \$275

## Competent Person /

## Excavation Safety

*Tues, May 22, 4:00 - 9:00 pm\**

Class includes printed manual with OSHA Standards & Visor card.

ABC \$125, SE - free, Non-Member \$225



## CPR/First Aid

*Wed, May 23, 5:00 - 9:00 pm\**

Certification card is good for 2 years. ABC \$100, SE - free, Non-Member \$140

## NEC Review for Electrical Certification

*Tues, May 29 - Jun 19, 5:00 - 9:00 pm\**

16 hours in the 2014 NEC for certification test prep.

ABC \$250, Non-Member \$350

\*Does not qualify for free SE seats\*

## Introduction to Project Management

*Thur, Jun 7, 5:00 - 8:00 pm\**

Introduction to organization theory, the phases of construction and the role & duties of the supervisor.

ABC \$150, SE - free, Non-Member \$275

## ABC Safety Day

*Sat, Jun 9, 7:00 am - 3:00 pm\**

A full day of safety certifications in various subjects. Class cost includes breakfast and lunch.

ABC \$250, SE - free, Non-Member \$450

## Competent Person / Excavation Safety

*Wed, Jun 13, 4:00 - 9:00 pm\**

Class includes printed manual with OSHA Standards & Visor card.

ABC \$125, SE - free, Non-Member \$225

## Blueprint Reading for Electricians

*Thur, Jun 14 & 21, 5:00 - 8:00 pm\**

Basic Blueprint Reading class for Electricians.

ABC \$250, SE - 2 free, Non-Member \$350

## 10 Hr OSHA

*Mon, Jun 18 & Jun 25, 4:00 - 9:00 pm\**

Hours will also count toward the 30 Hr OSHA class.

ABC \$200, SE - free, Non-Member \$240

**\*All class dates subject to change. Check website for most current class listings.**



# CONTINUING EDUCATION

# 2018



## PROVIDING EDUCATION AND TRAINING FOR THE CONSTRUCTION INDUSTRY.

Return completed registration form to Fax # (714) 779-3193, Attn: Continuing Education Department.  
*Payment is required one week prior to the start of class.* You may also register for classes online at [www.abcsocal.org](http://www.abcsocal.org).

Course Title(s) and Dates: \_\_\_\_\_

Attendee: \_\_\_\_\_ Company: \_\_\_\_\_

Attendee Email: \_\_\_\_\_ Attendee Cell Phone: \_\_\_\_\_

SE Seat \_\_\_\_\_ Self Pay \_\_\_\_\_ Bill Company \_\_\_\_\_ Check \_\_\_\_\_ MC/Visa \_\_\_\_\_ Amt: \$ \_\_\_\_\_

Card # \_\_\_\_\_ CVC Code: \_\_\_\_\_ Exp. Date: \_\_\_\_\_

Authorized Signature: \_\_\_\_\_

Participants must cancel their registration 48 hours in advance of the class start date. There will be no refunds given for cancellations after the deadline date.

*New classes may be added to the schedule at any time and all class dates listed in this brochure are subject to change.*

*Check our website at [www.abcsocal.org](http://www.abcsocal.org) for the most current class listings.*

*ABC reserves the right to cancel and/or reschedule classes with insufficient enrollment.*

*SE (ABC SoCal Subscribing Employers):*

*Contractors who employ apprentices & pay training fees to the Trust may be eligible for limited no-cost seats*



1400 No. Kellogg Dr., Ste A, Anaheim, CA 92807  
Ph. (714) 779-3199 Fax (714) 779-3193  
[contedu@abcsocal.net](mailto:contedu@abcsocal.net) [www.abcsocal.org](http://www.abcsocal.org)